

## Controlling High Blood Pressure Measure Narrative

<b>Description</b>	Percentage of patients 18-85 years of age who had a diagnosis of hypertension and whose blood pressure was adequately controlled (<140/90mmHg) during the measurement period.	
<b>Methodology</b>	Population identification is accomplished via a query of a practice management system or Electronic Medical Record (EMR) to identify the population of eligible patients (denominator). Data elements are either extracted from an EMR system or abstracted through medical record review.	
<b>Measurement Period</b>	Performance data on this measure will be collected every 3 months for the EvidenceNow initiative beginning Nov 1, 2015. The measurement period for each data time point over a 1 year time frame is provided below:	
	Data collection time point	Measurement Period
	Nov 1, 2015	Nov 1, 2014 – Oct 31, 2015
	Feb 1, 2016	Feb 1, 2015 – Jan 31, 2016
	May 1, 2016	May 1, 2015 – Apr 30, 2016
	Aug 1, 2016	Aug 1, 2015 – Jul 31, 2016
	Nov 1, 2016	Nov 1, 2015 – Oct 31, 2016
<b>Eligible Population</b>	<b>Ages</b>	18 years or older as of the first date of the measurement period AND 85 years or younger as of last day of the measurement period
	<b>Event</b>	At least one face to face visit (Value Sets: <i>Annual Wellness Exam; Face-to-Face Interaction; Home Healthcare Services; Office Visit; Preventive Care Services – Established Office Visit, 18 and Up; Preventive Care Services – Initial Office Visit, 18 and Up</i> ) with an eligible provider in an eligible specialty for any reason during the measurement period.
	<b>Diagnosis</b>	Active diagnosis of essential hypertension ( <i>Essential Hypertension</i> Value Set) at any time prior to the first day of month 7 of the measurement period.
<b>Denominator</b>	The eligible population	
<b>Exclusions</b>	<ul style="list-style-type: none"> <li>• Patients who have an active diagnosis of pregnancy (<i>Pregnancy</i> Value Set) at any time during the measurement period</li> <li>• Patients with evidence of end stage renal disease (Value Sets: <i>Chronic Kidney Disease, Stage 5; End Stage Renal Disease; ESRD Monthly Outpatient Services</i>), dialysis (Value Sets: <i>Dialysis Education, Dialysis Services, Other Services Related to Dialysis, Vascular Access for Dialysis</i>) or renal transplant (<i>Kidney Transplant</i> Value Set) prior to or during the measurement period</li> </ul>	
<b>Numerator</b>	The number of patients whose blood pressure at the most recent visit ( <i>Adult Outpatient Visit</i> Value Set) is adequately controlled (systolic blood pressure < 140 mmHg and diastolic blood pressure < 90 mmHg) during the measurement period.	

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<b>Measure Scoring</b>	Rate/Proportion
<b>Interpretation of Score</b>	Higher score indicates better quality
<b>Measure Type</b>	Process